## Covenant

A promise made between persons or groups of people. In the Old Testament God made covenants with his people.

## The Mass

The Mass or Eucharist is the central act of divine worship in the Catholic Church. It is "the source and summit of the Christian life."

## Gospels

The word "Gospel" means "Good News." There are 4 gospels, Matthew, Mark, Luke and John. They tell us about Jesus' life and what he did while he lived on earth.

## Vocation

God calls each of us to serve him and others in a special way. This is a vocation.

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