

Mass

The name for the Eucharistic liturgy.

Also: Eucharist, Lord's Supper, Sacrifice of the Mass

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Liturgy

The liturgy is the public worship of the Church.

It is the special title of the Eucharist and the administration of the sacraments.

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Blessed Sacrament

The Eucharist, the Body and Blood of Christ, whether at the Mass or reserved in a special place in the Church.

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Sacrament

A sacrament is "an outward sign instituted by Christ to give grace."

Jesus gave us 7 sacraments: Baptism, Confirmation, Eucharist, Reconciliation (Penance), Anointing of the Sick, Holy Orders, and Matrimony.

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