St. Joseph Youth Ministry

~ a way for high school youth and their families to live out their baptismal call with the opportunity to prepare for the Sacrament of Confirmation ~

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Choosing a Confirmation Sponsor

Confirmation can be a great experience, and hopefully, you are thinking about what this sacrament means, and how the Holy Spirit will affect your life. You are required to choose a Confirmation sponsor- someone who will help guide you on your faith journey. If possible, a wonderful choice would be one of your Baptismal godparents, since that person would help you to see how Baptism and Confirmation are connected. The person you choose must be a practicing Catholic, have received their Confirmation, be at least 16 years old, and **not be** one of your parents.

When you are selecting a sponsor, a few things to keep in mind would be:

- Is this person a living model of faith? Do you admire their relationship with you, and the church?
- Do you feel that this person will pray for you, and give you spiritual support, guidance and encouragement?
- Will this person give of his time and share his spiritual gifts with you?

Being chosen as a Confirmation sponsor is a great honor that comes with great responsibility. You, as the candidate, are encouraged to select a sponsor that you trust, and know that this person will always be there for you on your journey of faith.

ASSIGNMENT: If you have not already chosen your Confirmation sponsor, it is now time to do so. Please submit a one page typed essay that includes the following information:

- What made you decide to ask this person to be your sponsor?
- 2. What qualities in this person do you feel will help you on your faith journey?
- 3. Be sure to include your sponsor's first and last name.

All essays are to be mailed (or e-mailed) to the rectory.

Mail to: St. Joseph Church
454 Germantown Road
West Milford, NJ 07480

E-mail to: sjparish@optonline.net
Copy: klugecamille@gmail.com

If you have any questions, please E-mail klugecamille@gmail.com