

## **We follow a Risen Jesus**

**As Catholics we believe...**

- **Jesus, the Son of God, rose from the dead on his own power.**
- **Jesus appeared to his disciples after the Resurrection. He gave them his peace, he talked with them and ate with them.**
- **Jesus is true God and true man.**
- **Easter is the greatest feast of the church year.**

**Refer to the Catechism of the Catholic Church**

**paragraphs # 631, 638 and 641 also # 992, 994-999**

**The catechism is available online at: [www.usccb.org/catechism/text/](http://www.usccb.org/catechism/text/)**

**The Catechism of the Catholic Church tell us...**

**Mary Magdalene and the holy women who came to finish anointing the body of Jesus, which had been buried in haste because the Sabbath began on the evening of Good Friday, were the first to encounter the Risen One. Thus the women were the first messengers of Christ's Resurrection for the apostles themselves. They were the next to whom Jesus appears: first Peter, then the Twelve. Peter had been called to strengthen the faith of his brothers, and so sees the Risen One before them; it is on the basis of his testimony that the community exclaims: "The Lord has risen indeed, and has appeared to Simon!" CCC # 641**



**Pray together as a family:**

**Let us pray that the Risen Christ will raise us up  
and renew our lives.**

**God our Father,  
by raising Christ your Son  
you conquered the power of death  
and opened for us the way to eternal life.**

**Renew our lives by the Spirit that is within us.  
Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and Holy Spirit,  
one God, for ever and ever. Amen.**

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**1. Look at what the Scriptures says to us.**

**All Ages**

**Jesus Rises from the Dead**

**After the Sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary came to see the tomb. And behold, there was a great earthquake; for an angel of the Lord descended from heaven, approached, rolled back the stone, and sat upon it. His appearance was like lightning and his clothing was white as snow. The guards were shaken with fear of him and became like dead men. Then the angel said to the women in reply, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said. Come and see the place where he lay. Then go quickly and tell his disciples, 'He has been raised from the dead, and he is going before you to Galilee; there you will see him.' Behold, I have told you." Then they went away quickly from the tomb, fearful yet overjoyed, and ran to announce\* this to his disciples. And behold, Jesus met them on their way and greeted them. They approached, embraced his feet, and did him homage. Then Jesus said to them, "Do not be afraid. Go tell my brothers to go to Galilee, and there they will see me."**

**Matthew 28: 1- 10**

The women have come to do good work, to anoint the body of Christ with aromatic ointments, in keeping with the custom of the times. They find that God has changed everything. They are left grappling with a mixture of joy, bewilderment and fear.

**2. Read the scripture and its summary. Read it a second time and answer the questions.**

**Do you see yourself in the story ? Where are you? What are you doing ? Who's in the story ?**

**What are the people in the story doing ?**

**How would you describe the empty tomb?**

**How did the women feel as they approached the tomb ?**

**Why did Jesus appear to the women before appearing to his own disciples ?**

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**3. Write down a few significant things that came to mind while you read the bible passage.**

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**4. Write a reflection and prayer for this scripture. Use a separate piece of paper.**

**5. Look at the 14 Stations of the Resurrection.**

**This At-Home Learning component had you look at the first station.**

**Select another station and look up the scripture in your bible at home. On a separate piece of paper:**

**What station did you select ?**

**Write down a few significant things that came to mind while you read the bible passage for the station.**